## Why is it so bad that my rabbit is overweight?

Just like in humans and other animals, being overweight puts rabbits at a higher risk of developing diseases such as:

- heart disease
- liver disease
- cancer
- pododermatitis (sore hocks)
- arthritis
- broken bones
- urinary sludge
- bladder infections

If rabbits are also not eating enough hay in their diet and eat high levels of concentrates or fresh foods this can result in:

- dental disease
- dysbiosis (imbalance of gut bacteria leading to diarrhoea)
- uneaten caecotrophs (looks like diarrhoea)
- gastrointestinal blockages

How can I get my rabbit to lose weight?

