On a laptop or tablet

Many people can generally type faster than they can write, and there are even note taking programmes such as Evernote or OneNote to help you be organised.

Devices often come with distractions, such as social media, and they tend to create notes that are just text

Linear note taking

If you prefer lists or paragraphs, you might find that linear note taking, or the Cornell method where you split the page into sections are the best for you.

Non-linear note taking

However, if you are a visual learner it may be that you prefer mind maps, or tables of information.